

## SESSION 2021-22

### Report on One Day State Level Webinar

#### 'DHORMO'

Organized by: Department of Philosophy & IQAC

Date: 25/07/2021

Platform: Zoom



**SURENDRANATH EVENING COLLEGE**  
সুরেন্দ্রনাথ সাক্ষ্য কলেজ

দর্শন বিভাগ ও IQAC এর যৌথ উদ্যোগে  
আন্তর্জালিক মাধ্যমে আয়োজিত বিশেষ

তারিখ  
২৫ শে  
জুলাই

বক্তৃতা  
বিষয়- ধর্ম

সময়  
সন্ধ্যা  
৭টা

**বক্তা - ডঃ শামিম আহমেদ**

সহযোগী অধ্যাপক  
বিভাগীয় প্রধান, দর্শন বিভাগ  
রামকৃষ্ণ মিশন বিদ্যামন্দির  
বেলুড় মঠ, হাওড়া



Online platform: Zoom Cloud Meeting  
Join Zoom Meeting starting Link:  
<https://us04web.zoom.us/j/74379420605?pwd=UzJFYzdVTEhNGc1c1MvRnM5azQwQT09>  
Meeting ID: 743 7942 0605 Passcode: Q27yz6

If Zoom removes us after 40 minutes then join again with Link:  
<https://us04web.zoom.us/j/79089678197?pwd=ekxsSjZxRU0vc0lXK1FIMHJ4TDNwQT09>  
Meeting ID: 790 8967 8197 Passcode: j3Kyms

*Banner of the Event*

## **Report on One Day State Level Webinar**

### **'COVID and the Mental Health'**

Organized by: IQAC, Surendranath Evening College

Date: 27/07/2021

Platform: Google Meet

Time: 07:00 pm - 09:00 pm

#### **List of speakers:**

1. Dr. Jafor Ali Akhan, Principal, Surendranath Evening College
2. Ms. Sujata Saha, SACT and HOD, Department Of Psychology, Surendranath College

#### **Number of participants: 45**

As a consequence of the COVID; we are trying to cope up with the so-called 'new normal'. Teaching and learning from home, temporary unemployment and the unfortunate demise of family members, lack of physical contact with other family members, friends and colleagues, and many new changes in daily life made us vulnerable, psychologically. In this situation, discussing openly about mental health is a need of the time.

With this spirit, a one day state level webinar was organized for the students, teachers and non-teaching members of the college to discuss the above issues.