



Report on One Day State Level Webinar

'COVID and Mental Health'

Organized by: IQAC, Surendranath Evening College

Date: 27/07/2021

Platform: Google Meet


List of speakers:

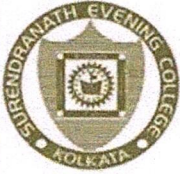
1. Dr. Jafor Ali Akhan, Principal, Surendranath Evening College
2. Ms. Sujata Saha, SACT and HOD, Department Of Psychology, Surendranath College

Number of participants: 45

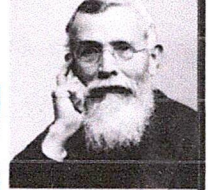
As a consequence of the COVID; we are trying to cope up with the so-called 'new normal'. Teaching and learning from home, temporary unemployment and the unfortunate demise of family members, lack of physical contact with other family members, friends and colleagues, and many new changes in daily life made us vulnerable, psychologically. In this situation, discussing openly about mental health is a need of the time.

With this spirit, a one day state level webinar was organized for the students, teachers and non-teaching members of the college to discuss the above issues.

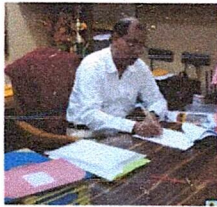

Principal
Surendranath Evening College
Kolkata - 700 009



ONE DAY WEBINAR ON COVID AND
MENTAL HEALTH



27TH July, 2021 AT 06:30 PM
ON GOOGLE MEET



Dr. JAFOR ALI AKHAN
PRINCIPAL
SURENDRANATH EVENING COLLEGE

SPEAKERS

[Register here](#)



DR. SUJATA SAHA
DEPT. OF PSYCHOLOGY
SURENDRANATH COLLEGE

Banner of the Event


Principal
Surendranath Evening College
Kolkata - 700 009